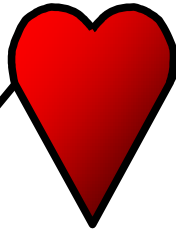


THE



Volume 21 Issue 2
September 2009



PULSE
OF NORTH CAROLINA
BAPTIST NURSING
FELLOWSHIP

Message from the President



Another camping season is completed at Camp Mundo Vista. I would like to thank the nurses that volunteered this year. Those serving were Nanci Smith, Doris Sharpe, Mary McCulloch, Deborah Stokley, Paula Tutherow, Martha Haire,

Janice Bost, Karen Weeks, Connie Jeffreys, Barbara Dallas, Jan Jones, Lib Revels, Sandra Blankenship, Becky Rorex, Freeda Hancock and Holly Young. This was the first year Martha, Sandra and Holly have volunteered at camp. I would not want to forget to tell Hilda Brower how much she is appreciated for coming on Mondays to help...thanks "Monday Hilda."

I appreciate all of the ways each of you contributes to the "running" of the Health Care Center. Deborah Stokely came up with the idea of using computer-generated labels for the medicine bags (those wonderful zip-lock bags). Yea no more masking tape!!! Thanks Deborah.

So you don't miss all the fun of camp nursing, such as taking every camper's temperature because of H1N1, go ahead and reserve your week now (sounds like a commercial doesn't it?).

Also, put on your calendar the next annual meeting of NCBNF. The meeting will be at Caraway Conference Center February 12-13, 2010. The theme will be "Faith in the Tempest" based on scriptures in Mark, Matthew and Luke. You will be receiving more details along with registration forms in the October newsletter.

Donna Rodgers, RN
President

You Can Help!

National BNF is collecting these items to turn in for money. Please save and bring to meeting in Feb. 2010

- Cell Phones
- Ink Jet Printer Cartridges
- Laptop Computers
- Apple Ipods
- Digital Cameras
- Digital Video Cameras

We will send them in and funds will be sent to BNF Hope Funds.

Nominating Committee News

Officers needed:

- President Elect
- Resource Development Chair

Please pray about these positions. If anyone feels led to volunteer for either of these positions or would like more information about them, please contact Becky Rorex at drorex@windstream.net or 336.250.6329.

It's All Inside...

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Educational/Professional Growth

In case you might need our approved CNE programs below:

NC BNF is approved to present "The Camp Nurse: Enhancing the Camping Experience by Maximizing the Health and Well-Being of Campers and Staff Holistically" through April 5, 2011, and "Alzheimer's Disease: A Practical Orientation" (1.0 contact hour) through April 5, 2010. If you should need a CNE presenter for either of these topics, contact Ellen Tabor at Ellentabor@netzero.net or 336.765.9074. You would need to provide the travel and handout expenses. Thanks for your continuing support of Baptist Nursing Fellowship.

The 2010 CNE topic is "Nursing Care of the Mentally Ill in North Carolina" - Connie Jeffreys, presenter. The meeting dates are February 12-13, 2010, at Caraway Conference Center.

Your suggestions for 2011 CNE topic are welcome. Contact Ellen Tabor.

THE NATIONAL BNF MEETING WILL BE APRIL 15-18, 2010, AT THE RADISSON HOTEL FORT WORTH NORTH-FOSSIL CREEK IN FORT WORTH, TEXAS.

REMEMBER THAT NC NURSING LICENSE RENEWALS EFFECTIVE JULY 1, 2008, AND AFTER MUST MEET THE REQUIREMENTS FOR CONTINUING COMPETENCE, WHICH YOU CAN CHECK AT www.ncbon.com/practcontcomp.asp

Continue to serve God through your nursing endeavors!

Ellen Tabor

Missionary Nurses

Becky Coutts (Bob)

bobcoutts@usa.net
(retiring in late 2008)
BP 31
Adjohoun
Benin

Evelyn Frost (Jack)

Evelyn.frost@gmail.com
(Stateside assignment 8/09-12/09)
Baptist Mission of Uganda
Box 1310
Jinja
Uganda

Charlot McCoy

Charlot.mccoy@macregion.org
(Recently retired and continued ministry to Spanish-speaking groups)
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lanawitmore@yahoo.com
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(Newly appointed to Thailand - leaves April 2008)
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Cherryville, NC 28021

Joy Cox

PO Box 30405
Nairobi 00100
Kenya

BNF Membership Application

Date _____

New Member ___ Renewing Member ___

Name _____

___ Employed ___ Retired ___ Inactive

Address _____

City State Zip

Telephone _____

E-Mail _____

Church affiliation _____

Church Name/City _____

Check one ___ LPN/LVN ___ RN

NC BNF Membership Dues

Nurse: Active/Inactive \$20.00

___ Student Nurse Free

___ Missionary (___ active ___ retired) Free

Appointed by: _____

Place of service: _____

National BNF Membership Dues

Nurse: Active/Inactive \$50.00

___ Missionary Free

___ Student Nurse \$15.00

___ Retired \$30.00

Amount Enclosed \$ _____

Abundant Life

“The thief cometh not, but for to steal, and to kill, and to destroy: I am come that they might have life, and that they might have it *more abundantly*.” John 10:10



Some of us are blessed to have been born into Christian families and asked Jesus into our hearts at an early age. We do not remember a time when GOD was not a part of our lives. Our parents provided for us, protected us and prayed for us. That is the abundant life, but what about those that did not hear about GOD's love until later in life? What about those individuals who have had one hardship after another? Where is their abundant life? Is not the abundant life blessing and everything that GOD gives us?

As a child of a father in the Air Force we moved from coast to coast of the United States, and I spent six and a half years in Bermuda as a child. My parents fed, clothed, sheltered and gave us all that they could. It was the abundant life.

Then I grew up, joined the Navy, got married, had children and became a nurse. All of a sudden life became hard, and there were problems to deal with every day. Our parents died, children grew up and we got older. Some days were just hard. Where are the blessings, and where is the abundant life? It is still there; we just have to take time for the “Abundant Life.”

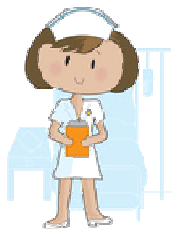
The Abundant Life is not about material things and what I can see or get from GOD. The Abundant Life is about GOD and faith. Joshua 1:5 says, “There shall not any man be able to stand before thee all the days of thy life: as I was with Moses, *so* I will be with thee: I will not fail thee, nor *forsake* thee.” Because of GOD's promise to never leave or forsake us, I am never alone. I can have as much of GOD as I want or will allow in my life. The Abundant Life is the presence of GOD in our lives. When I see flowers blooming out of season I stop and say “thank You” to GOD for the flowers and that He loves me enough to allow His Son, Jesus, to die on the cross for me that I may be with GOD. The Holy Spirit dwells in me to draw and teach me to love GOD wholeheartedly - mind, body and soul.

The Abundant Life is about letting GOD love all of us. The Abundant Life is the presence of GOD in our lives through salvation in Jesus Christ. Good or bad, happy or sad, rich or poor, we have the Abundant Life because we have the promise of GOD in our lives. Matthew 28:20 says, **“Teaching them to observe all things whatsoever I have commanded you: and, lo, I am with you always, *even* unto the end of the world.”**

The Abundant Life is not about what I can get from GOD, but the abundance of being in the presence of GOD no matter what is going on around us, allowing us to love GOD abundantly because He first loved us abundantly. Live the Abundant Life today and always.

Paula Louise Tutherford

Shelby Chapter BNF



Shelby Chapter BNF hosted Nurse Appreciation Day in May at Cleveland County American Red Cross Chapter. An NC BNF display was displayed there for one week. This has been an annual event for several years. Shelby Chapter BNF also met July 9th. Five new nurses attended, and one of them won NC BNF Membership. An NC BNF display was displayed at the meeting. Trudy, whom I met at the National BNF Meeting in May, presented a very interesting program on Equip and shared her personal testimony. At our meetings we always share our praises and prayer requests as well as what is happening in our personal lives. It is a time of great fellowship and encouragement. Fifteen nurses attended. Our chapter meets quarterly. Our next meeting will be

Oct 8th. We hope to see more nurses in our area at the next meeting. For more information contact Lib Revels at 704.482.5003, 704.473.2583 or libgr@bellsouth.net.

Blessing from the BNF Annual Meeting

BNF Annual Meeting can really be a blessing - take it from one who thought it would just be “another nurses' meeting.” How pleasantly surprised I was. The holistic views, the biblical scripture that was incorporated by the board and speakers, and the friendliness of the entire group were all blessings and refreshment-like to me. I'm a hospice nurse, and when I left on that Saturday after lunch, my cup had truly been filled. In this world in which we can easily feel like life is being sucked right out of us, God fills us with the stuff that makes us remember why we became nurses in the first place. My first visit to the BNF Annual Meeting was surely not my last, God willing. I would like to encourage you to come and see! Don't miss the next one!!



Wanda Johnson



Prayer Chain Information

How it Works - Prayer Chain by Phone or Email

For prayer needs, please notify Karen Weeks at 828.423.7859 or junglennurse1@yahoo.com to activate either phone or email. The phone Prayer Chain is initiated upon request otherwise all prayer requests are sent through the email prayer chain which is 46 strong to date.

The Email Prayer Chain

Updated 10/3/2008

Karen Weeks.....junglennurse1@yahoo.com
 Laurie Adshade.....lkachipmom4@cable.net
 Lenora Arnold.....lm_arnold@yahoo.com
 Barbara Bengel.....bbengel2@adelphia.net
 Martha Clarke.....mec2403@aol.com
 Brenda Coleman.....jrcolemanjr@yahoo.com
 Sue Collins.....scollins@mhc.edu
 Eileen Corbin.....eileensparty@bellsouth.net
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 Barbara Dallas.....bdallas2078@earthlink.net
 Janet Ellison.....sevjam@bellsouth.net
 Linda Fonville.....lindaf@ec.rr.com
 Jill Foster.....jfoster51@netzero.net
 Sylvia Gentry.....uncmomno1@yahoo.com
 Cathy Gerald.....cgerrald@nc.rr.com
 Claudia Hayes.....williamhayes@lltel.com
 Freeda Hancock.....freeda@northstate.net
 Becky Hellard.....Becky.Hellard@wilmed.org
 Janice Holland.....fbcyanice@yahoo.com
 Linda Hyder.....ghyder@charter.net
 Connie Jeffreys.....jeffreys1975@bellsouth.net
 Judy Lawrence.....klawrence1@carolina.rr.com
 Elizabeth Locklare.....eelock@juno.com
 Joy Martin.....joyfulrn@gmail.com
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 Kim Rudasill.....rudasill@bellsouth.net
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 Jennifer Throneburg.....jetmomx3@charter.net
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 Pam Uzzell.....luvbells@nc.rr.com
 Emily Whaley.....kennywhaley@hotmail.com
 Brejette Wilson.....brejettaw@aol.com
 Sue Whitley.....swhitley@randolphhospital.org

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 Suedel Bedsaul.....704.434.9085
 Jim Johanson.....910.797.5304
 Helen Boone.....336.427.5807
 Mary McCulloch.....910.245.4401

The NC BNF Endowment

The NC BAPTIST NURSING FELLOWSHIP ENDOWMENT fund provides financial resources for missionary nurses to use for continuing education, special training and materials, and other educational needs. The fund also gives Baptist Nursing Fellowship (BNF) members financial support for health-care missions or ministry projects.

BNF has set a goal of \$25,000 for the principle of the endowment fund by 2008—NC BNF's 25th Anniversary Year.

You can help BNF meet that goal by giving a tax deductible contribution to the endowment fund. Send donations to:

NC BAPTIST FOUNDATION
 201 Convention Drive
 Cary, NC 27511-4257

NCBNF ENDOWMENT FUND Account Number: 08-9495.

You may wish to honor someone with your donation. A letter recognizing your tribute to that person can be sent if you include the name and address of the honoree with the donation. This is a wonderful way to recognize a special nurse or friend. If you wish to recognize someone with your gift, cut out the box to the right and send the information with your donation.

Donation to the NCBNF ENDOWMENT FUND (Account Number: 08-9495)

Your Name and Address:

I am donating \$ _____

In honor of _____

Address

I am donating \$ _____

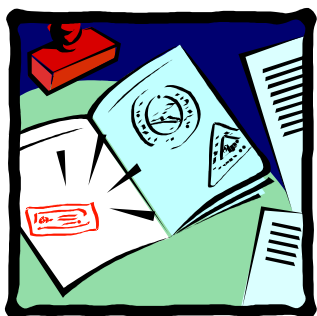
In memory of _____

Address of Family

Sharing Good News & Good Health - Luke 9:2

Honduras Medical Mission, June 6-13, 2009

This Medical Mission was different right from the start. Our team this time consisted of 9 from the USA, two Honduran doctors who worked with us all week at the clinics and the staff of the mission we were visiting, Loving The Least of These. The team was from various medical, no medical backgrounds and churches, and many were having this adventure for the very first time. Only Bob and I knew everyone. Bob and Karen Weeks, Terri McKay, Joyce Norton, Jason Elder, Ronnie Gentry, Anesha Johnson, Kay and Allilison Carroll.



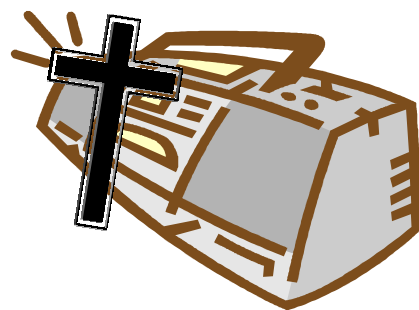
Dewayne, Glenda, Lucio and other members of their staff were waiting outside the airport with the vans. Right there things got different. I showed my passport to enter Honduras, and they pointed to a big red stamp that said "canceled." I had grabbed an old passport out of my drawer! I felt very stupid but mostly worried how this would affect our mission for the week. I knew everyone was capable of doing the job without me, but I wanted to be involved, and with a small team everyone was needed to do their part. They took me off under guard to a side room to figure out what to do with me. On the other hand they all felt so sorry for us the custom officials breezed the trunks through including the two that were mine. The team waited for the verdict which turned out to be

Delta putting me up at a very nice hotel with a guard named Rosa, who spoke not one word of English. It did work out with much intervention on God's part (Rosa had her pastor and church praying for a miracle.) I was back with the team on Monday. The team on the other hand, still in shock from what had happened, waited at the airport for the 3 team members who were coming from the other end of the state. Several on this team have been with us in Chuleteca, but this trip was focused on providing medical care to three established feeding kitchens and one mountain church community on the outskirts of the capital city, Tegucigalpa. **They** drove to the hotel (enjoying the always exciting ride with Honduran drivers), and had supper and settled into their rooms. (And that was the first day!)

Sunday they had the privilege of worshipping at a 9:30am church service held in one of the feeding kitchens so they were able to meet some of the people and see the site. Due to mud the vehicles were unable to give them a ride up the hill, so it was quite a steep walk on a hot morning. (Just part of the ambience of a mission trip!) At the service they were able to all tell some about themselves and testimonies and sang several hymns as Jason played the guitar and Joyce played the autoharp. Terri and Brenda gave a puppet show with the salvation colors. Bob and Ronnie joined the team in the afternoon.

After lunch the team got down to the business of sorting, bagging, labeling and dividing up the medicines for the 4 days we would hold clinic. Two trunks were packed and ready for each day full of medicines as well as other baggage for the set up of the triage, pharmacy and exam stations.

A medical mission is always such a joint effort! Joyce's Sunday School class at Blue Ridge Baptist Church collected and donated \$527 to buy the 25 solar radios, set to Christian stations, which were given out. Community Baptist Tabernacle gave us \$400 to buy children's vitamins (25,000 children's chewable) and then met with us on a Saturday to bag it all up. Jason's church, Mountain Zion Baptist Church in SC, had us speak and gave us a much needed donation to help buy medications. The teens made up the 1,200 salvation bracelets to take and put on a very nice commissioning service for those able to attend. Anesha and Kay's church, Smithfield First Baptist Church, helped with collecting and donations. The Swannanoa Heights Baptist Church ladies' Sunday School class helped with collecting and donations. The ladies at Groce United Methodist Church collected items for us, had a bagging session of pills, had us to speak and gave us a donation. We also had donations from family members, team members and several small churches who invited us to speak about our work.



7:30 am Monday saw them loaded in the vans/pick-ups and headed for the first clinic at Vickers's Landing. It was the smallest site, the farthest out and the most primitive. It worked well to get the "groove" going as each team member settled into their role (many learning new skills and new words!) They saw 153 babies, children, moms and dads. Day two was at Hatch Corners, where we saw 409 people. (This was our longest day and so busy no one could be spared to go into the community, so the

remaining 9 radios were left with Lucio and the Pastor to give out once we were gone.) We typically give everyone vitamins, age-appropriate worm medicine and then assess for upper respiratory and skin problems and various other things. Wednesday, day 3, was held at Quebrachitios, and 302 were seen. Jason and Ronnie went with Lucio to give out radios. Eight were given out, and one person was led to the Lord.



Thursday, we went to a new community called Montaña Grande (Big Mountain) where a small church is established (never has had medical care). We enjoyed the beauty traveling up the mountain. We saw 169 people. It was a beautiful farming community, and some had walked two hours to get there. The other very special events that happened were when Bob, Joyce and Lucio went with the pastor to visit and give some of the radios away. One elderly couple who were unable to walk to the little church accepted a radio and then upon hearing of another “gift” (the gift of salvation) invited Jesus into their hearts. Bob and Joyce said their faces just lit up. They were given a Spanish New Testament. They said they could not see to read or read, but they would not let go and said they have lots of grandchildren

who will read it to them. Another radio was given to a young girl who also accepted the Lord as her Savior. Six other radios were left with the pastor to give out.

After leaving this area and having lunch, Lucio, Anesha, Kay, Ronnie and Allison took some bags of medicines and supplies to a drug rehab place to give the same services. What they saw there was devastating, and there were many needs. This added another 56. This came to a very grand total of 1,089, and no one was turned away at any of the clinics. Amazing for such a small team! Friday was sightseeing, a treat for everyone working so hard, and Saturday we were back at the airport.

Altogether 1,000 tracts in the bags of medicines were given out. Each day at the clinic, different team members gave the gospel message. 1,000 salvation bracelets were given out. Several people were saved giving out the radios (total of 25 radios). Thirty-six Spanish New Testaments were given away. I know God will not let His word return void! We hope to have a big enough team next time and a preacher with us to carry out more evangelism work. It doesn't do any good to put a Band-Aid on and not tell them about how to get to Heaven.



Does all this get you excited? Are you just dying to go? We are planning our next medical mission trip to a new area. We will be traveling to La Esperanza (The Hope) where a young missionary couple is hard at work establishing churches. We have set the date for April 2-11, 2010 (spring break for schools). Per usual, each member pays for their airfare, room and board. The approximate cost is \$1,000 depending on flights. We are trying to go from Asheville, which will save parking expenses and gas and eliminate the Atlanta experience. Plane tickets and room deposits will be due after the first of the year. Dewayne Chase is helping us make all the arrangements but you will need to funnel your funds through your own churches if you need a tax receipt. The other expenses are for everyone on the team to help raise money to buy the medicines/supplies that will be needed, and hopefully their home churches can sponsor them and help collect items. If you are interested in going or helping by donating or collecting, please contact Karen Weeks at 828.423.7859 or junglennurse1@yahoo.com and put Honduras in the subject line, which always gets my attention.

It was a wonderful and mighty experience. Thank you so very much to all those who prayed, sent money and diligently collected items. You get many more blessings than you give. Please start praying now if you can go or how you can help. Don't say, “What can I do?” It is not necessary to have a medical background; there are many jobs to do, including evangelism. God will use you mightily in ways you never imagined. God wants to “enlarge your coast” like Jabez. Jesus was the first “medical missionary.” To God is the Glory.

Karen & Bob Weeks

Woman's Missionary Union
of North Carolina
PO Box 18309
Raleigh, NC 27619-8309

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Donna
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